

BICYCLE SAFETY TIPS



Use a light and reflex mirrors or reflective clothing when bicycling at night, and **be as visible as possible.**

OBEY ALL SIGNS AND SIGNALS. This includes stopping at stop signs and red lights.

Use all of your senses – watch and listen for cars, particularly at intersections and drive ways.

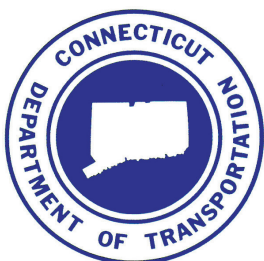


Ride in the **direction of traffic.** Drivers may not be looking for you if you are riding the wrong way.



WEAR A HELMET. It could save your life.

Avoid distractions such as listening to headphones or answering phones when riding.



WatchForMeCT.org