

BICYCLE SAFETY TIPS



Use a light and reflex mirrors or reflective clothing when bicycling at night, and be as visible as possible.

OBEY ALL SIGNS AND SIGNALS. This includes stopping at stop signs and red lights.

Use all of your senses – watch and listen for cars, particularly at intersections and drive ways.

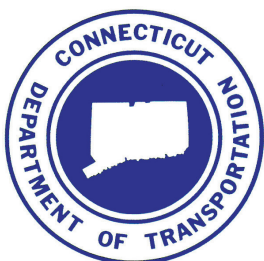


Ride in the direction of traffic. Drivers may not be looking for you if you are riding the wrong way.



WEAR A HELMET. It could save your life.

Avoid distractions such as listening to headphones or answering phones when riding.



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